

**Measure around
the smallest part of the ankle.**

S fits 7.0 - 8.0 in.
17.8 - 20.3 cm

M fits 8.25 - 9.0 in.
21.0 - 22.9 cm

L fits 9.25 - 10.0 in.
23.5 - 25.4 cm

XL fits 10.25 - 11.0 in.
26.0 - 27.9 cm

VL fits 11.25 - 12.0 in.
28.6 - 30.5 cm