

| SIZE   | WRIST CIRCUMFERENCE               | MID-LOWER CIRCUMFERENCE           | MID-UPPER CIRCUMFERENCE           |
|--------|-----------------------------------|-----------------------------------|-----------------------------------|
| SMALL  | 5.25 - 7.5 INCHES / 13 - 19 CM    | 7 - 9 INCHES / 17.75 - 23 CM      | 3.5 - 15.25 INCHES / 22 - 39 CM   |
| MEDIUM | 6 - 8.5 INCHES / 15.25 - 22 CM    | 9.25 - 11.25 INCHES / 24 - 30 CM  | 10.5 - 17.25 INCHES / 27 - 44 CM  |
| LARGE  | 6.75 - 9.25 INCHES / 17 - 23.5 CM | 11.25 - 13.25 INCHES / 24 - 34 CM | 12.75 - 19.75 INCHES / 32 - 50 CM |

