

SIZE	WRIST CIRCUMFERENCE	MID-LOWER CIRCUMFERENCE	MID-UPPER CIRCUMFERENCE
SMALL	5.25 - 7.5 INCHES / 13 - 19 CM	7 - 9 INCHES / 17.75 - 23 CM	3.5 - 15.25 INCHES / 22 - 39 CM
MEDIUM	6 - 8.5 INCHES / 15.25 - 22 CM	9.25 - 11.25 INCHES / 24 - 30 CM	10.5 - 17.25 INCHES / 27 - 44 CM
LARGE	6.75 - 9.25 INCHES / 17 - 23.5 CM	11.25 - 13.25 INCHES / 24 - 34 CM	12.75 - 19.75 INCHES / 32 - 50 CM