

SIZE	MEASURE AROUND THE BEND OF THE ELBOW
SMALL	8.5 - 10 Inches (21.6 - 25.4 CM)
MEDIUM	10 - 11.5 Inches (25.4 - 29.2 CM)
LARGE	11.15 - 13 Inches (29.2 - 33 CM)
X - LARGE	13 - 14.5 Inches (33 - 36.8 CM)