SIZE	MEASURE AROUND THE SMALLEST PART OF THE ANKLE
SMALL	12.5 - 13.75 Inches (31.7 - 34.9 CM)
MEDIUM	14 - 15.25 Inches (35.5 - 38.7 CM)
LARGE	15.5 - 16.5 Inches (39.3 - 41.9 CM)
X -LARGE	16 - 17.5 Inches (40.6 - 44.4 CM)

