ToeOFF® Standard Size Chart

		Footplate	Heel
Size	Height	Length	Height
XS	14"	8 1/4"	7/16"
S	15"	9"	7/16"
М	16"	9 5/8"	9/16"
L	17"	10 5/8"	5/8"
XL	17"	11 1/4"	5/8"

*These sizing tables are only a guide.

Optimum size may be one size smaller or larger, depending on the criteria discussed in Professional Instructions.