Sizes of Ankle Wrap	Men's Shoe Size	Women's Shoe Size
XSmall	N/A	41/2 - 6
Small	5½ - 7	61/2 - 8
Medium	71/2 - 91/2	81/2 - 101/2
Large	10 - 12	11 - 13
XLarge	12½ - 15	N/A