



All shoulder immobilizers and supports use either chest circumference or forearm length for sizing

Measuring Chest Circumference:

Female: Measure circumference of the chest just below the bust-line.

Male: Measure circumference of the chest at its widest point.

Forearm Length: Measure from the lateral epicondyle to the fifth metacarpo-phalangeal joint.

FITTING

When fitting "sling type" immobilizers, caution should be taken not to make the strap adjustments too short forcing the shoulder into a shrugged position. The shoulder should be maintained in a neutral position and relaxed into the sling portion of the immobilizer. A properly fitted sling should be long enough to fully support the hand and wrist but not cover the fingers.