**Ultra*Sheer*** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*
**Opaque** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*
**Relief** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*

***for*Men Casual** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*
***for*Men** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*
***so*Soft** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*

**ActiveWear** 15-20mmHg*, 20-30mmHg*, 30-40mmHg*

| SIZE | ANKLE | CALF | THIGH | HIP | HIP (Maternity) |
|---|---|---|---|---|---|
| S | 7"-8 1/4" (18-21 cm) | 11"-15" (28-38 cm) | 15 3/4"-24 3/8" (40-62 cm) | 28"-46" (71-117 cm) | 32"-52" (81-132 cm) |
| M | 8 3/8"-9 7/8" (21-25 cm) | 11 7/8"-16 1/2" (30-42 cm) | 18 1/8"-27 1/2" (46-70 cm) | 30"-50" (76-127 cm) | 34"-56" (86-142 cm) |
| L | 10"-11 3/8" (25-29 cm) | 12 1/2"-18 1/8" (32-46 cm) | 21 1/4"-30 3/4" (54-78 cm) | 32"-54" (81-137 cm) | 36"-60" (91-152 cm) |
| XL | 11 1/2"-13" (29-33 cm) | 13 3/8"-19 5/8" (34-50 cm) | 23 5/8"-32" (60-81 cm) | 40"-65" (102-166 cm) | 44"-71" (112-180 cm) |
| MT | 8 3/8"-9 7/8" (21-25 cm) for shoe size > 12 | 11 7/8"-16 1/2" (30-42 cm) for leg length > 19 3/4" (50 cm) | — | — | — |
| LT | 10"-11 3/8" (25-29 cm) for shoe size > 12 | 12 1/2"-18 1/8" (32-46 cm) for leg length > 19 3/4" (50 cm) | — | — | — |
| LFC | 10"-11 7/8" (25-30 cm) | 18"-24" (46-61 cm) | — | — | — |
| XLFC | 12"-14" (30-36 cm) | 18"-24" (46-61 cm) | — | — | — |

Regular: Greater than 15" (38 cm)
Petite: 15" (38 cm) or less

Regular: Greater than 27" (68.5 cm)
Petite: 27" (68.5 cm) or less

For Knee High, Measure Ankle and Calf. For Thigh High, Measure Ankle, Calf and Thigh. For Waist High, Maternity and Chap, Measure Ankle, Thigh and Hip.