

Impulse Foot Toe Resistance

TOE RESISTANCE

Very Low (1)	Low (2)	Regular (3)	High (4)	Very High (5)	Heavy Duty Toe #1 (6)	Heavy Duty Toe #2 (7)
110lb. and below	111-150 lbs	151 - 190 lbs	191 - 230 lbs.	231 - 270 lbs	271 - 310 lbs	311 - 350 lbs
49 kg and below	50-68 kg	69 - 86 kg	87 - 104 kg	105-122 kg	123 - 140 kg	141 - 159 kg

Impulse Symes Foot Toe Resistance

TOE RESISTANCE

Very Low (1)	Low (2)	Regular (3)	High (4)	Very High (5)
110 lbs and below	111-145 lbs	146-180 lbs	181-215 lbs	216-250 lbs
49 kg and below	50-66 kg	67-82 kg	83-98 kg	99-115 kg