

SIZE	MEASUREMENT			
XS	FITS WAIST	26 - 29"	FITS HIPS	30 - 33"
SM	FITS WAIST	30 - 33"	FITS HIPS	34 - 37"
MD	FITS WAIST	34 - 37"	FITS HIPS	38 - 41"
LG	FITS WAIST	38 - 41"	FITS HIPS	42 - 45"
XL	FITS WAIST	42 - 45"	FITS HIPS	46 - 49"
XXL	FITS WAIST	46 - 49"	FITS HIPS	50 - 53"

Measure waist just below navel and hips at the widest point