

Off-The-Shelf Knee Brace Sizing Chart

Circumference measurements should be taken at knee center, 6" (15cm) above knee center and 6" (15cm) below knee center.

Size	Thigh	Knee Center	Calf
XS (X=1)	13"-15.5"	12"-13"	10"-12"
	(33-39 cm)	(30.5-33 cm)	(25.5-30.5 cm)
S (X=2)	15.5"-18.5"	13"-14"	12"-14"
	(39-47 cm)	(33-35.5 cm)	(30.5-35.5 cm)
M (X=3)	18.5"-21"	14"-15"	14"-16"
	(47-53.25 cm)	(35.5-38 cm)	(35.5-40.5 cm)
L (X=4)	21"-23.5"	15"-17"	16"-18"
	(53.25-59.5 cm)	(38-43 cm)	(40.5-47 cm)
XL (X=5)	23.5"-26.5"	17"-19"	18"-20"
	(59.5-67.25 cm)	(43-48.25 cm)	(47-50.75 cm)
XXL (X=6)	26.5"-29.5"	19"-21"	20"-22"
	(67.25-75 cm)	(48.25-53.25 cm)	(50.75-56 cm)
XXXL (X=7)	29.5"-32"	21"-23"	22"-24"
	(75-81.25 cm)	(56-61 cm)	(53.25-58.5 cm)