

ProGait Lift Sizing Chart

Size #	Size	Men's Shoe Size	Women's Shoe Size
XX = 03	S	2.5 – 5.5	3.5 – 6
XX = 05	M	5.5 – 9	6 – 9.5
XX = 07	L	9 – 12.5	9.5 – 13
XX = 09	XL	12.5 - 17	13+