## BIRD & CRONIN Classic Wrist Brace

## **Application Instructions**

- 1. Measure the wrist circumference to determine the proper size. Slide brace on the affected hand with the layer of stockinette on the back of the hand.
- 2. Thread hook and loop through D-rings securing the hook and loop closures. The metal stay should fit into the palm of the hand and extend down the forearm.
- **3.** Trim the straps leaving approximately 1" 2" of overlap.

**NOTE:** The metal stay has been positioned so the wrist will be set at 30° of extension. For patients with Carpal Tunnel Syndrome, the metal stay can be adjusted to 0° to 20° of extension.



## **WASHING INSTRUCTIONS**

Remove metal stay. Fasten hook and loop. Hand wash in warm water using a mild detergent. Air dry. Blot excess water with a towel, do not wring out.

Reorder No. Left	Reorder No. Right	Wrist Circumference
0814 5951	0814 5961	X-Small (up to 5 3/4")
0814 5952	0814 5962	Small (5 3/4" - 6 1/2")
0814 5953	0814 5963	Medium (6 3/4" - 7 1/2")
0814 5954	0814 5964	Large (7 3/4" - 8 1/2")
0814 5955	0814 5965	X-Large (8 3/4" +)

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