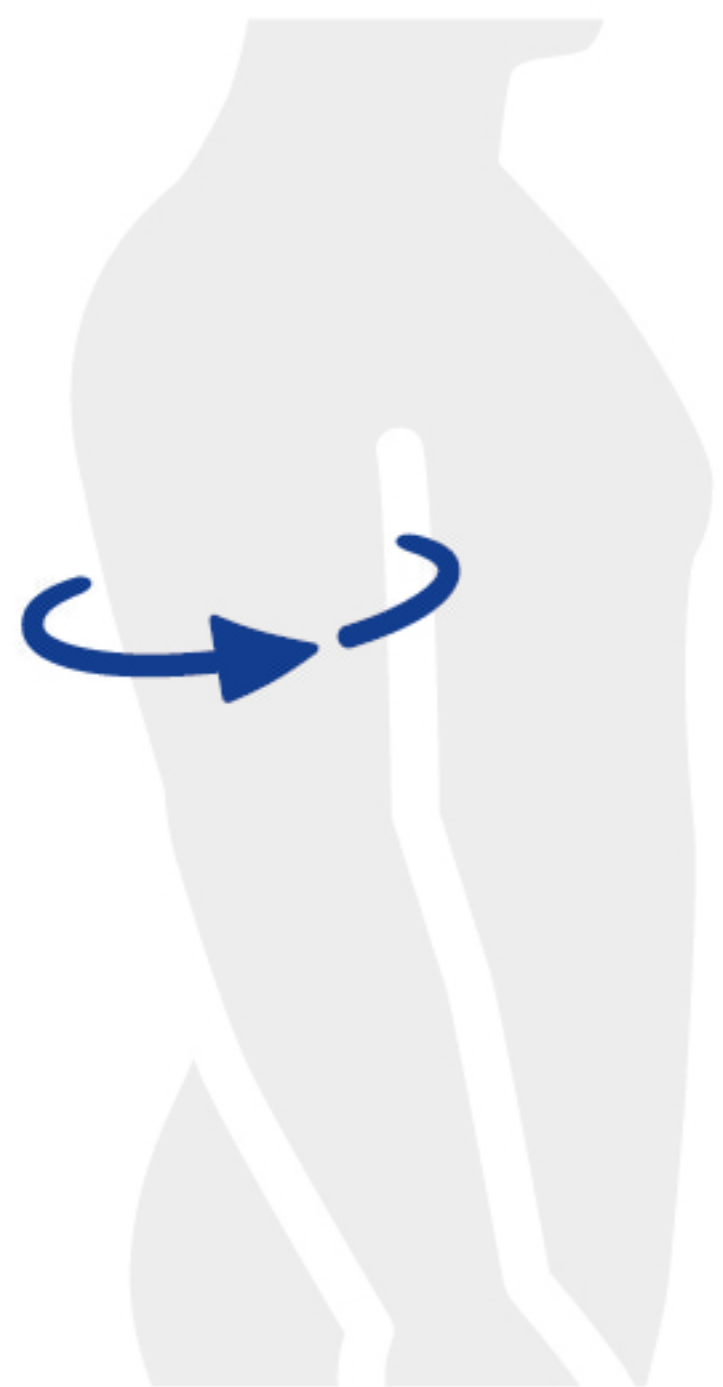


How to measure your shoulder for a **OmoTrain®** shoulder support.



Measure the circumference of the biceps while the arm is relaxed.

Size	Circumference (inches)
0	7 ³ / ₄ - 8 ¹ / ₂
1	8 ¹ / ₂ - 9 ¹ / ₂
2	9 ¹ / ₂ - 10 ¹ / ₄
3	10 ¹ / ₄ - 11 ¹ / ₂
4	11 ¹ / ₂ - 12 ¹ / ₂
5	12 ¹ / ₂ - 14 ¹ / ₄
6	14 ¹ / ₄ - 15 ³ / ₄