

Tennis Elbow Strap Sizing Chart

Size #	Size	Forearm Measurement	
X = 1	XS	8" – 9"	(20 – 23 cm)
X = 2	S	9" – 10"	(23 – 25 cm)
X = 3	M	10" – 11"	(25 – 28 cm)
X = 4	L	11" – 12"	(28 – 30 cm)
X = 5	XL	12" – 14"	(30 – 36 cm)

Circumference taken at widest part of forearm