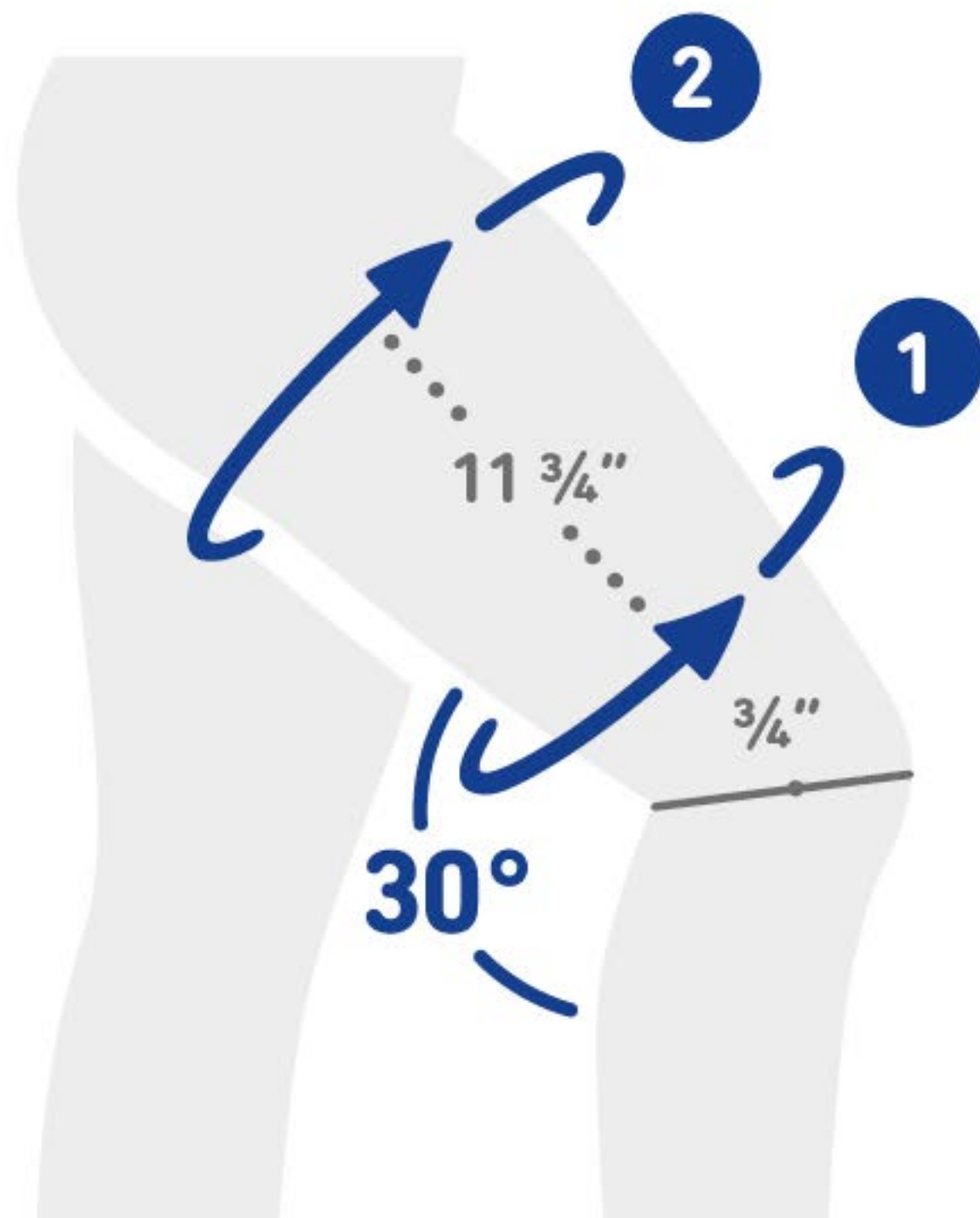


How to measure your thigh for a **MyoTrain®** thigh support.



From the knee joint, measure the circumference of the thigh at $\frac{3}{4}''$ above the knee.

From this point, measure $11 \frac{3}{4}''$ higher and measure the circumference.