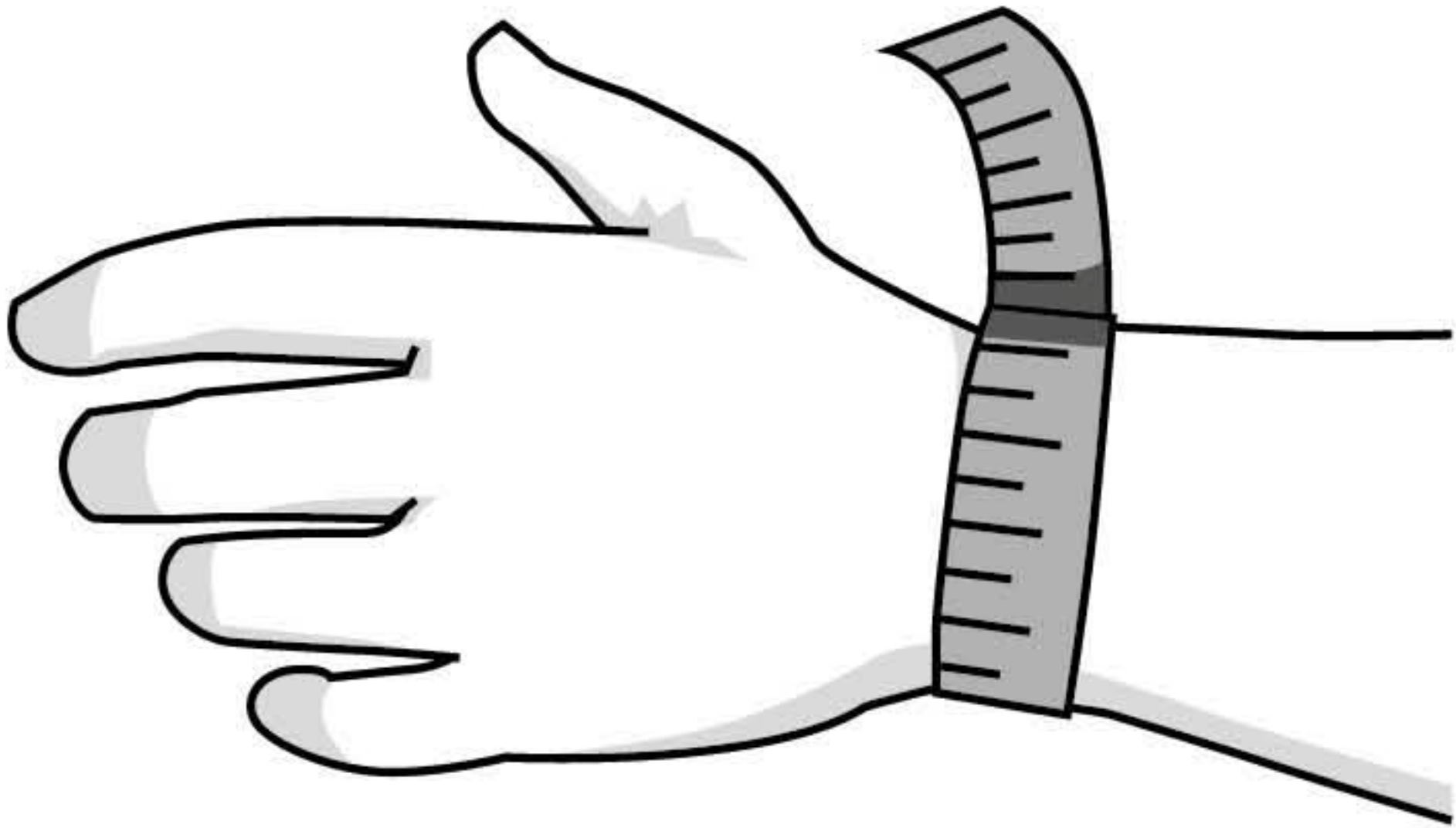


How to measure your wrist for a
ManuTrain® wrist support.



Measure the circumference
of the wrist at the
narrowest point.

Size	Circumference (inch)
1	5½-6
2	6-6¼
3	6¼-6¾
4	6¾-7
5	7-7½
6	7½-7¾