

How to measure your wrist for a
ManuLoc® Rhizo wrist brace.



Measure the circumference
of the wrist at the
narrowest point.

Size	Circumference (inch)
0	4 ³ / ₄ - 6
1	5 ¹ / ₂ - 7 ¹ / ₂
2	7 - 9
3	7 ³ / ₄ - 10 ¹ / ₄