

How to measure your ankle for a **MalleoTrain® S open heel** ankle support.



Measure the circumference of the ankle at the narrowest point.

Size	Circumference (inch)
1	6 3/4-7 1/2
2	7 1/2-8 1/4
3	8 1/4-9
4	9-9 3/4
5	9 3/4-10 3/4