



## Landmark Guide



### Anterior

- #1 Half of the superior portion of the thigh
- #2 Superior to the patella at the half portion of the thigh
- #3 Antero-lateral tibial plateau
- #4 Tibial tuberosity
- #5 Center of the apex of the calf muscle
- #6 Antero-medial tibial plateau

### Lateral

- #7 Half of the superior portion of the thigh
- #8 Middle of the lateral femoral condyle
- #9 Apex of the head of the fibula
- #10 Center of the apex of the calf muscle

### Medial

- #11 Tuber of the adductor magnus muscle

### Posterior

- #12 Half of the superior portion of the thigh
- #13 Middle of popliteal fossa
- #14 Center of the apex of the calf muscle