

Fitting & Care Instructions

Model: DCT-1516



1. Instructions for use on little and ring finger (Right for Right Hand/ Left for Left Hand). Reference reverse side for setting range of motion. ➡



Step 1: Lay brace open on the outside of your hand. Make sure the frame with the key hole is on the top of the hand.



Step 2: Wrap the bottom strap around your wrist



Step 3: Wrap the top strap around your ring and little finger. Make sure the key hole is center above your knuckle.



Step 4: Wrap the middle strap between your thumb and index finger

2. Instructions for use on ring and middle finger (Right for Right Hand/ Left for Left Hand). Reference reverse side for setting range of motion. ➡



Step 4: Lay the brace open and slide your little finger through the open hole on the side of the wrap



Step 5: Wrap the bottom strap around your wrist make sure the top of the frame with the key hole is on top



Step 6: Wrap the top strap around your ring and middle finger. Make sure the key hole is center above your knuckle.



Step 4: Wrap the middle strap between your thumb and index finger

3. Instructions for use on index and middle finger (**Right for Left Hand/ Left for Right Hand**). Reference below for setting range of motion.



Step 1: Locate the thumb hole on the side of the wrap and place your thumb through the hole.



Step 2: Locate the bottom strap and wrap securely around your wrist. Make sure the top of the frame with the key hole is on top



Step 3: Locate the top strap and wrap securely around your middle and index fingers. Make sure the top key hole is center above your knuckle.



Step 4: Locate the middle strap and wrap securely around the bottom of your thumb

4. Instructions for use on setting range of motion dial and forming to hand



Step 1: Locate the key provided with the brace. Place the key head in the key hole above the knuckle and rotate until the desired flexion or extension is reached.



Step 2: Once the desired flexion or extension is reached, form the malleable aluminum on the bottom side to form comfortably to the hand.