

## **Torsion Splints & Components**

## **General Use & Care Precautions**

Always follow the instructions given by your practitioner regarding proper adjustment, positioning and monitoring procedures for your orthosis. Should you notice extreme discomfort, skin breakdown, increased pain, numbness or tingling, please consult your healthcare practitioner immediately.

## Important:

- Use caution to avoid excessive stress on the knee when adjusting external/internal rotation.
- The patient's skin should be regularly and routinely inspected for signs of irritation. Signs of
  excessive focal pressure will present as skin redness lasting longer than 30 minutes after
  repositioning.
- If signs of irritation, or excessive focal pressure should occur, contact your practitioner for evaluation.
- Appropriate positioning of the patient's wearing of an orthosis can help reduce focal pressure
  and the risk of skin irritation. Consult your practitioner on the proper positioning and use of the
  orthosis.

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