

Size	10" Right	10" Left	Wrist Circumference
X-Small	30161-R	30161-L	5.25" – 6.25"
Small	30162-R	30162-L	6.25" – 7.25"
Medium	30163-R	30163-L	7.25" – 8"
Large	30164-R	30164-L	8" – 9"
X-Large	30165-R	30165-L	9" – 10"